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SPEAKING

Sarah Bridges, Ph.D., L.P., brings her passion for individual growth and organization success to all of her endeavors as a psychologist, executive consultant, writer, speaker, and thought leader on managing people. Whether she's coaching executives one-on-one, training managers in an interactive workshop setting, or inspiring a lecture hall of national and global leaders, Dr. Bridges's lively and humor-filled presentations lead to new thinking, new visions for one's job and company performance, and new insights for getting there. With her natural ease, colorful story-telling, practiced presentation skills, and constant focus on what works – not just what's possible – she is able to connect with audiences of all professional backgrounds and levels of responsibility. Participants come away with research-driven insights, actionable tools, memorable lessons, and strategic plans for themselves, their teams, and their organizations. And perhaps most important they come away feeling empowered and energized about the challenges and opportunities that lie ahead.

Sarah Bridges is a frequent speaker at corporate training events, universities, executive education programs, and conferences including Linkage events, such as the National Women in Leadership Summit, Menttium, the Outsourcing Summit, the Organization Development Network, the Association for Type (Myers Briggs), and the University of Minnesota's Carlson School of Management.

A selection of her speaking topics is listed below and all can be adapted for the specific needs of a group or organization and to any program length including keynotes, half-day, and full-day workshops.

Topic Descriptions

Master Your Universe - Environmental Savvy for Success

For new leaders, teams, and any audience looking to be inspired, empowered, motivated, or recharged in a keynote or workshop presentation.

Mastery of skills... Developing strengths... Overcoming weaknesses... Competitive drive... Personal excellence... These are necessary and wonderful building blocks for our careers. But, Sarah Bridges posits, they are only part of the picture for success. To avoid being blindsided by circumstances in our fast-changing work environments participants will learn to tune into their natural instincts and thrive in the very real world of predators, competition, limited resources, social politics, and the changing conditions we face every day. Business leaders, entrepreneurs, women, diversity groups, MBA students, and others will be inspired by this lively, fast-paced exploration of the results that come when we couple our individual abilities with environmental savvy.

Managing People: Understanding the Forces That Shape Careers

For human resource professionals, organization development experts, and others seeking real-world, state-of-the-art perspectives on developing people and organizations.

Based on the results of thousands of hours of coaching and assessment work, this session presents occupational development experts, human resource professionals, and

others with insights that moves beyond a focus on individual (or "innate") aspects of performance to the equally important environmental (or "external") factors that determine job performance, leadership development, and company effectiveness. Anecdotes from ecology and the workplace as well as specific corporate case studies and exercises will be presented. Participants will leave the session with new strategies for developing cutting-edge and effective leadership development programs, employee development plans, and sustainable culture change.

Career and Organizational Evolution - Learning About and Managing Transitions
For individuals, consultants, in-house professionals, and anyone living through, teaching about, or facilitating change and transitions.

Sarah Bridges is an expert on transition-related issues and a certified trainer of William Bridges's Organizational Transition Certification Program (now partnered with Linkage, Inc.). This presentation addresses a wide range of career transition issues that individuals, bosses, and companies need to master from hiring and on-boarding to firing, from mergers to downsizing, and gets at the emotional as well as practical issues that allow people to thrive at every step of their career.

Click here for additional information about Sarah's work with William Bridges.

Leading from Higher Ground: Critical Survival Lessons for Leaders
For C-level executives and other critical leaders who need to talk about the most important issues facing them.

In this penetrating, feet-to-the-fire leadership seminar, C-Level executives and other critical leaders explore the most important issues affecting their companies, teams, industry, and global position in the marketplace. They will look at their own capabilities, their company's human and material resources, and the larger environmental factors they can leverage for greater success. Participants will leave with a clear map of the key factors they need to address and the greatest opportunities for growth.

Predators, Competitors and Changing Conditions: From the Natural World to the World of Work - Lessons for Humans
For researchers, academics, and any audience looking to explore the application of social science perspectives to human behavior.

Dr. Bridges draws on her work as a research psychologist, executive consultant, and investigative journalist to explore the role of genetics, the environment, and the impact of "nature" and "nurture" in our adult work lives. What are the lessons to be learned from the study of animal behavior, ecology, and ancient civilizations? What are the environmental factors that shape adult career development? How does "innate talent" relate to the human activity of work?

For Dr. Bridges's white paper on Enviornmental IQ, click here.

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